



Brent's Place "Safe Clean" Guidelines

Why It's Important to Maintain Brent's Place "Safe Clean" Guidelines

After a Bone Marrow Transplant, a patient's immune system will not return to normal for many months. Post – Bone Marrow Transplant patients are very susceptible to infections. In particular, dusty environments carry the risk of fungal infection. In addition, many viral infections, especially those affecting the respiratory and GI tracks are primarily transmitted by contact with infected persons or surfaces.

Patients receiving Chemo or Radiation therapy can also have reduced immune systems and maintaining a "Safe Clean" environment is important to aid in their recovery.

Tools Brent's Place Offers to Maintain the Cleaning Guidelines

Brent's Place provides cleaning supplies, including laundry detergent, brooms, and mops. Please see complete list of all supplies available, on next page.

Brent's Place staff will orient you to the cleaning guidelines in the apartment, explaining how to clean all areas of the apartment to maintain the healthiest environment for your loved one who is immune compromised.

Brent's Place provides you with the tools to make you successful, such as a Cleaning Checklist and Daily Check-off Sheets to help maintain the apartments.

Brent's Place Staff does weekly cleaning checks to monitor cleaning standards and point out areas needing attention.

Tips for the Health and Well-being of the Patient

- Follow Brent's Place Cleaning Guidelines.
- Avoid crowded areas.
- Avoid areas of construction.
- Avoid people who smoke, have colds, or infections.
- Wear mask while in public areas.
- Use public areas only at the least busy times, for example, shop in the afternoon during the weekdays and go to movies early in the day.
- Avoid plants and animals, especially indoors
- **WASH HANDS ON A REGULAR BASIS, ESPECIALLY AFTER USING THE BATHROOM, AND REMIND THOSE AROUND YOU TO DO THE SAME.**



Cleaning Supplies that are Available to Brent's Place Families

*** All supplies are generously donated. Supplies are free of charge to families at all times. ***

- Dishwashing Detergent – Machine
- Dishwashing Soap
- Windex / Window Cleaner
- Toilet Bowl Cleaner
- Dusting Spray
- Hand Soap
- Broom
- Mop
- Toilet Bowl Brush
- Sponges
- Shower Curtains
- Sink/Tub/Tile Cleaner – Soft Scrub/Clorox Clean-up/Anti-bacterial
- Paper Towels
- Toilet Paper
- Kleenex

We will stock the apartment with paper products but will ask that you replenish them if you are able.

What Supplies to Use When Cleaning?

Cleaning Supply	Use on:
Dishwashing Detergent – Machine	Dishes
Dishwashing Soap	Dishes
Floor Cleaner	Floors
Window cleaner	Mirrors, windows
Sink/Tub/Tile Cleaner	Bathroom
Toilet Bowl Cleaner	Toilet
Dusting Spray	Furniture, appliances (TV).
Broom	Inside Only
Mop	Floors
Toilet Bowl Brush	Toilet Only
Sponges	Dishes, not counter tops
Paper Towels	Counter tops

How to Maintain Wood/Laminate Floors?

- Always mop floors after sweeping.
- Be sure to rinse mop with clean water throughout mopping.
- 3 to 4 times a week, mop with Floor Cleaner.
- When finished mopping, place mop in bucket with clean water and bleach. Rinse out after 30 minutes.



Brent's Place Cleaning Guidelines

Cleaning Guidelines <small>Please utilize cleaning supplies provided by Brent's Place.</small>	Times per week	Completed (Check Off)
GENERAL (Living Area & Bedrooms)		
Take out all trash and recycling to dumpsters.	Daily	
Dust & clean all furniture and appliances (TV).	Daily	
Damp wipe door knobs & light switches, especially in bathrooms.	Daily	
Sweep & mop hardwood floors, including under furniture.	Daily	
Damp wipe windows, sills, and blinds.	3X	
Move couch and clean under and behind it.	3X	
Wash windows	1X	
Clean out trashcans with hot water and bleach	1X	
Dust/clean baseboards.	1X	
Dust/clean corners of rooms.	1X	
Dust/clean tops of picture frames.	1X	
Clean lampshades and light fixtures	1X	
Remove all couch and chair cushions and clean underneath.	1X	
Damp wipe air vents	Bi-monthly	
KITCHEN		
Sweep & mop kitchen floors.	Daily	
Damp wipe kitchen counter tops.	Daily	
Wash dishes in dishwasher and dry.	Daily	
Wash sponges in dishwasher.	Daily	
Clean microwave, inside and out.	3X	
Damp wipe outside cabinet doors.	3X	
Damp wipe inside cabinets.	1 X	
Thoroughly wipe inside refrigerator with vinegar to kill mildew.	1 X	
Throw away any old food in the refrigerator.	1X	
Damp wipe top of refrigerator.	1X	
Pull refrigerator out and clean floor underneath.	1X	
Clean stove, inside & out. Turn on self-clean oven.	1X	
Pour bleach in the kitchen sink	1X	
BATHROOM		
Sweep and mop floor.	Daily	
Clean/scrub sink.	Daily	
Clean/scrub toilet.	3X	
Clean/scrub tub/shower	3X	
Clean mirror.	1X	
Dust/clean any shelving and cabinets, inside and out.	1X	
Replace shower curtain.	Monthly	
Pour bleach in the drain	1X	
LAUNDRY		
Wash towels.	3X	
Wash bedding: sheets, mattress pads, pillow liners, dust ruffles, and blankets.	3X	
Wash potholders.	1X	
Wash comforters.	Bi-monthly	

Please contact Allen, Maggi or Fabian with any questions, needs, or concerns 720-343-2804.



Weekly Cleaning Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Take out all recycling/trash to dumpsters.	Take out all recycling/trash to dumpsters.	Take out all recycling/trash to dumpsters.	Take out all recycling/trash to dumpsters.	Take out all recycling/trash to dumpsters.	Take out all recycling/trash to dumpsters.	Take out all recycling/trash to dumpsters.
Dust & Clean all furniture and appliances (TV).	Dust & Clean all furniture and appliances (TV).	Dust & Clean all furniture and appliances (TV).	Dust & Clean all furniture and appliances (TV).	Dust & Clean all furniture and appliances (TV).	Dust & Clean all furniture and appliances (TV).	Dust & Clean all furniture and appliances (TV).
Damp Wipe Door Knobs & Light Switches, especially in bathrooms.	Damp Wipe Door Knobs & Light Switches, especially in bathrooms.	Damp Wipe Door Knobs & Light Switches, especially in bathrooms.	Damp Wipe Door Knobs & Light Switches, especially in bathrooms.	Damp Wipe Door Knobs & Light Switches, especially in bathrooms.	Damp Wipe Door Knobs & Light Switches, especially in bathrooms.	Damp Wipe Door Knobs & Light Switches, especially in bathrooms.
Sweep & Mop Kitchen Floors.	Sweep & Mop Kitchen Floors.	Sweep & Mop Kitchen Floors.	Sweep & Mop Kitchen Floors.	Sweep & Mop Kitchen Floors.	Sweep & Mop Kitchen Floors.	Sweep & Mop Kitchen Floors.
Clean Kitchen Counter tops.	Clean Kitchen Counter tops.	Clean Kitchen Counter tops.	Clean Kitchen Counter tops.	Clean Kitchen Counter tops.	Clean Kitchen Counter tops.	Clean Kitchen Counter tops.
Sweep and Mop Floor.	Sweep and Mop Floor.	Sweep and Mop Floor.	Sweep and Mop Floor.	Sweep and Mop Floor.	Sweep and Mop Floor.	Sweep and Mop Floor.
Clean/Scrub sink.	Clean/Scrub sink.	Clean/Scrub sink.	Clean/Scrub sink.	Clean/Scrub sink.	Clean/Scrub sink.	Clean/Scrub sink.
Dust/Clean with bleach windows, sills, and blinds.	Clean outside cabinet doors.	Clean/Scrub toilet.	Dust/Clean with bleach windows, sills, and blinds.	Clean outside cabinet doors.	Dust/Clean with bleach windows, sills, and blinds.	Clean outside cabinet doors.
Move Couch and clean under and behind it.	Clean Microwave, inside and out.	Clean/Scrub tub/shower	Move Couch and clean under and behind it.	Clean Microwave, inside and out.	Move Couch and clean under and behind it.	Clean Microwave, inside and out.
Clean/Scrub toilet.	Wash sponges in dishwasher.	Dust/Clean Baseboards.	Clean/Dust inside cabinets.	Wash sponges in dishwasher.	Clean/Scrub toilet.	Wash sponges in dishwasher.
Clean/Scrub tub/shower	Wash bedding: sheets, mattress pads, pillow liners, dust ruffles, and blankets.	Dust/Clean Corners of rooms.	Thoroughly clean inside refrigerator, throwing away any old food.	Wash bedding: sheets, mattress pads, pillow liners, dust ruffles, and blankets.	Clean/Scrub tub/shower	Clean / Scrub Toilet
Clean Mirror.	Wash towels	Dust/Clean Tops of Picture Frames.	Clean on top of refrigerator.	Wash towels.	Wash potholders.	Wash towels.
Dust/Clean any shelving and cabinets, inside and out.	Clean / Scrub Toilet	Clean Lampshades and Light Fixtures	Pull Refrigerator out and clean floor underneath.	Remove all couch cushions and clean underneath.		Clean Stove, inside & out.
Wash Windows.		Pour bleach in Sinks in kitchen and bathroom	Clean / Scrub Toilet	Clean / Scrub Toilet		

Please contact Allen, Maggi or Fabian with any questions, needs, or concerns 720-343-2804.



Apartment Cleaning Checks

Apartment Cleaning Checks are done on a weekly basis. A Brent's Place Staff Member will come into your apartment and perform a cleaning check based on the list on the next page. Please take these checks seriously; Brent's Place has the health and well being of the patients in mind.

- Please review the cleaning list notes and repair/clean any items mentioned on the list. A staff member will look the following day to check if the cleaning was completed.
- If you feel you are doing an inadequate job at cleaning, please contact Allen at 720-343-2804, Maggi at 720-343-2827 or Fabian at 720-329-5115, to review cleaning techniques, help you organize a cleaning schedule, and/or refer you to a professional (direct cost to the family) to clean apartment according to our guidelines. It is better to seek help than to have an unclean environment for the patient.
- If you have any questions or concerns, or need assistance with cleaning issues, please contact Allen, Maggi or Fabian. We are happy to assist you.

A Few Reminders

- Quiet Hours: Brent's Place has Quiet Hours between 9:00pm-7:00am daily to ensure that everyone is able to rest.
- No pets allowed at any time on Brent's Place Property. This includes every kind of animal, including fish. Do not feed the squirrels, cats or any other animals around Brent's Place.
- Fresh plants and flowers are not allowed in the apartments. Organisms that grow in dirt, water and plants can cause infections.
- Candles, incense or anything that you light with fire are not allowed to be used in the apartments.
- Balcony doors and windows must be closed at all times. Open windows allow dust, dirt, pollen, etc. into the building. Additionally, the temperature variance can disrupt our HVAC systems. If you need your room temperature adjusted, please let Maggi know.
- Marijuana use is not allowed on Brent's Place Property. While marijuana is legal in the state of Colorado, it is not a permitted substance on our property. Medically prescribed marijuana will be allowed with the necessary prescription, but cannot be administered by smoking.

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APARTMENT CLEANING CHECKS

We were in your apartment today, _____, for a cleaning check and the marked items need to be done. Please complete this list by 9:00am tomorrow morning. This is for the safety of the patient staying in this apartment and for the future patients who will be in this apartment.

Name:
Apartment:

Checked by:

Cleaning Guidelines	Completed (Check Off)
GENERAL (Living Area & Bedrooms)	
Take out all trash and recycling to dumpsters.	
Dust & Clean all furniture and appliances (TV).	
Damp Wipe Door Knobs & Light Switches, especially in bathrooms.	
Sweep & Mop Hardwood Floors, including under furniture.	
Damp Wipe windows sills, and blinds.	
Move couch and clean under and behind it.	
Clean out trash and recycling cans with hot water and bleach.	
Wash Windows	
Damp Wipe Baseboards.	
Dust/Clean corners of rooms.	
Dust/Clean Tops of Picture Frames.	
Clean Lampshades and Light Fixtures	
Remove all couch and chair cushions and clean underneath.	
KITCHEN:	
Sweep & Mop Kitchen Floors.	
Clean Kitchen Counter tops.	
Wash dishes in dishwasher and dry.	
Clean outside cabinet doors.	
Clean Microwave, inside and out.	
Wash sponges in dishwasher.	
Clean/Dust inside cabinets.	
Thoroughly clean inside refrigerator, throwing away any old food.	
Clean on top of refrigerator.	
Pull Refrigerator out and clean floor underneath.	
Clean Stove, inside & out.	
Pour bleach in the sink drain	
BATHROOM:	
Sweep and Mop Floor.	
Clean/Scrub sink.	
Clean/Scrub toilet.	
Clean/Scrub tub/shower	
Clean Mirror.	
Dust/Clean any shelving and cabinets, inside and out.	
Replace Shower Curtain.	
Pour bleach in the sink and tub drains	
LAUNDRY:	
Slipcovers, sheets, towels, mattress pads	

Comments: _____

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